

EVOLUTION NETBALL

TRAINING SCHEDULES



2016-2017 SEASON

EVOLUTION SOCCER **AGE GUIDE**

AGE GROUP	AGE AS OF SEPT 1 ST 2016	GUIDE
UNDER 10	8 OR 9 YEARS OLD	MAY TURN 10 THROUGHOUT THE YEAR
UNDER 12	10 OR 11 YEARS OLD	MAY TURN 12 THROUGHOUT THE YEAR
UNDER 14	12 OR 13 YEARS OLD	MAY TURN 14 THROUGHOUT THE YEAR
UNDER 16	14 OR 15 YEARS OLD	MAY TURN 16 THROUGHOUT THE YEAR
LADIES	16 +	OPEN TO LADIES OF ALL ABILITIES AGED 16 +

YOU'RE CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2016.
PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2016-2017 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACH'S DISCRETION.

EVOLUTION NETBALL AL WAAB



TERM 3 TRAINING SCHEDULE 2016/2017

23 APRIL – 1 JULY

TEAM	SUNDAY	THURSDAY	SATURDAY
UNDER 10	5.30-6.30	6.30-7.30	
UNDER 12	5.30-6.30	6.30-7.30	
UNDER 14	6.30-8.00		4.00-5.30
UNDER 16	6.30-8.00		4.00-5.30
LADIES			5.30-7.00

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