

LITTLE BALLERS

TRAINING SCHEDULES



2016-2017 SEASON

LITTLE BALLERS AGE GUIDE



AGE GROUP	AGE AS OF SEPT 1 ST 2016	GUIDE
UNDER 4	3 YEARS OLD	MAY TURN 4 THROUGHOUT THE YEAR
UNDER 5	4 YEARS OLD	MAY TURN 5 THROUGHOUT THE YEAR
UNDER 6	5 YEARS OLD	MAY TURN 6 THROUGHOUT THE YEAR

YOU'RE CHILD'S AGE GROUP IS DETERMINED BY THEIR AGE AS OF SEPTEMBER 1ST, 2016.

PLEASE NOTE THAT YOUR CHILD WILL STAY IN THE SAME AGE GROUP FOR THE ENTIRETY OF THE 2016-2017 SEASON (MUCH LIKE SCHOOL GRADES).

PLAYERS MAY BE ASKED TO MOVE TO A DIFFERENT TEAM AT ANY STAGE OF THE SEASON TO ALIGN WITH THEIR RESPECTIVE ABILITIES AND DEVELOPMENT, AS PER THE COACH'S DISCRETION.

LITTLE BALLERS AL WAAB

TRAINING SCHEDULE 2016/2017



UNDER 4'S / UNDER 5'S / UNDER 6'S

TEAM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LIONS		3.45-4.45				8.00-9.00	
TIGERS		4.45-5.45					8.00-9.00
CHEETAHS			3.45-4.45			9.00-10.00	
PANTHERS			4.45-5.45				9.00-10.00
COUGARS				3.45-4.45		10.00-11.00	
LEOPARDS				4.45-5.45			10.00-11.00

*ALL LITTLE BALLER SESSIONS ARE HELD INSIDE THE SPORTS HALL

LITTLE BALLERS WEST BAY



TRAINING SCHEDULE 2016/2017

UNDER 3'S / UNDER 4'S / UNDER 5'S / UNDER 6'S

TEAM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UNDER 3 BABY BALLERS					3:45-4:45PM		
RED	3.45-4.45				3.45-4.45		
BLUE	4.45-5.45				4.45-5.45		
GREEN	4.45-5.45				4.45-5.45		

*ALL LITTLE BALLER SESSIONS ARE HELD INSIDE THE SPORTS HALL

LITTLE BALLERS ISL

TRAINING SCHEDULE 2016/2017



UNDER 5'S / UNDER 6'S

TEAM	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UNDER 5	4.00-5.00			4.00-5.00			
UNDER 6	5.00-6.00			5.00-6.00			

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